**Who we are...**

*Sisters by Heart™* is a group of heart moms who came together to support families facing a new diagnosis of Hypoplastic Left Heart Syndrome.

Knowing the challenges we faced upon diagnosis, and in bringing our HLHS fighters into this world, we created *Sisters by Heart* to reach out to parents of the newly-diagnosed. We want to let them know that they are not alone and provide resources and understanding while their child undergoes care and treatment from birth throughout recovery.

Our newest concept, *Linked by Heart™*, advances our mission and connects all families affected by HLHS. We strive to provide hope, support and empowerment to our HLHS community.

**What we do...**

*Sisters by Heart™* provides specially-designed care packages to newly diagnosed HLHS families. Each package includes items we found helpful in the early stages of our journeys. Although each care package is different, recent care packages have included:

- Baby Legs
- Side-snap shirts/onesies
- Notepad and Pen
- MomAgenda
- PaperBlanks Journal
- Pacifiers
- Hand Sanitizer/Moisturizer
- EZAXCESS Hospital Gown

If you or someone you know recently received a diagnosis of HLHS, please nominate them for a care package at [www.sisters-by-heart.org](http://www.sisters-by-heart.org).

“The most powerful tool we have in our arsenal is each other. That is what sustains us, that is what gives us hope, that is what makes our lives worthwhile. Thanks for being the ‘other’ for our family.”

~ Colleen, Mom to Paul

**Linked by Heart™** provides additional regional and local support and resources to families affected by Hypoplastic Left Heart Syndrome. *Linked by Heart* aims to foster connections amongst the HLHS community.

- Regional Coordinators
- Regional Facebook Groups
- Exclusive Searchable Database
- CHD Resources

*Linked by Heart™* connects HLHS families nationwide - from those prenatally diagnosed to “angel moms,” and everyone in between. Any family affected by HLHS is invited to register with the *Linked by Heart* Network and/or join our Regional Facebook groups.